# THE NARRATIVE ENNEAGRAM

IEA Accredited School with Distinction

# PROFESSIONAL CERTIFICATION PROGRAM



Illustration by Dayo (@theblackenneagram)



## **Become a Certified Narrative Enneagram Professional**

The Professional Certification Program at The Narrative Enneagram is for those who are interested in developing skills as an Enneagram typing professional, teacher of the Enneagram, or practitioner using the Enneagram in their professional work as a therapist, coach, spiritual director, or other individual client work.

The Narrative Enneagram is the longest running Enneagram certification school in the world and the first **IEA Accredited School with Distinction**. During this 12-month experiential learning program, you'll develop your skills conducting typing interviews, leading panels, teaching presentations, and working individually with clients.

## The Narrative Enneagram offers three Certifications:

All students complete the first half of the program together and may then continue with specialized training based on your professional goals. You may complete the Teacher and Practitioner Certifications simultaneously.

Certified Enneagram Typing Professional (CETP) is for those who want to offer typing interviews and is included as part of Teacher or Practitioner Certification.

Certified Narrative Enneagram Teacher (CNET) is for those who want to teach the Enneagram to groups by leading panels and offering presentations.

Certified Narrative Enneagram Practitioner (CNEP) is for therapists, coaches, spiritual directors, and others who want to integrate the Enneagram into their work with individual clients.

## **Pre-Requisites:**

Entry into the Professional Certification Program requires the successful completion of The Narrative Enneagram <u>Foundational Courses</u>: Experiencing the Narrative Enneagram, Exploring Instinctual Subtypes, Engaging Transformational Growth, and Deepening Spiritual Awareness.

Those interested in entering the Practitioner Track must also:

- 1. Be currently enrolled OR have successfully completed a professional training program in their discipline (e.g. mental health counseling, coaching, spiritual direction, etc.)
- 2. Have worked as a fee-based client with a practitioner in their discipline for at least 6 sessions
- 3. Have been working with individual clients in their discipline for at least 6 months
- 4. Be actively working with at least 2 clients currently

## **Program Components**

You'll learn from expert faculty through live online modules, gain hands-on experience with feedback from a Coach or Supervisor during the practicum, and build relationships with your cohort throughout the yearlong experience.

## Module 1: Typing Process (all)

This experiential training teaches you how to conduct individual typing interviews using the inquiry method to help interviewees discover their potential type. You will learn how to conduct typing interviews step-by-step to assist newcomers to the Enneagram in discerning their type.

#### You will:

- Explain the power of the Enneagram in your own words by practicing your 30-second "elevator" speech
- Learn how to differentiate one type from another and recognize non-verbal aspects of type
- Understand your own biases in conducting type interviews
- Practice your skills the last day by interviewing volunteers from the community with feedback from faculty and coaches

## Typing Practicum (all)

Practice your typing interview skills and learn to support those in the process of type discovery by conducting typing interviews in the Narrative Tradition. We will pair you with a Narrative Enneagram Coach to provide guidance during this process. You will meet with your Coach 7 times to review your interviews so that you can incorporate their feedback as you become more skilled.

#### Elements include:

- Write an initial reflection reviewed by your coach
- Conduct 12-18 typing interviews, including 6 that you will review with your Coach to develop your content knowledge and skill
- Meet with your peer learning group throughout the process for shared practice, knowledge, reflection, and support
- Finish with a final typing interview with a member of the Core Faculty

## Module 2t: Teacher Training (Teacher Certification)

Develop your presentation skills, practice leading type panels in a group setting, build skills in receptive awareness, and learn methods to integrate somatic elements into your practice. During this three-day training, you will build on your self-development skills and deepen your understanding of the nine Enneagram types through the facilitation of panels.

#### You will:

- Learn the elements and principles of conducting panels in the Narrative Tradition
- Facilitate three panels (two introductory and one growth) in small groups to practice your interviewing skills and receive constructive feedback
- Build skills in self-reflection, self-observation, and receptive awareness
- Learn body awareness and centering exercises that you can integrate for your own development and facilitate with groups

## Teacher Practicum (Teacher Certification)

Practice your skills to effectively facilitate panels in the Narrative Tradition and present topics on the Enneagram. You will work with a Narrative Enneagram Coach who will support you throughout this process.

#### Elements include:

- Write an initial reflection reviewed by your Coach
- Conduct 6 panel interviews with 4 reviewed by your Coach
- Hone your presentation skills by developing content, getting to know your speaking style, and maintaining a relationship with your audience
- Give 2 20-minute presentations on an Enneagram topic with 1 reviewed by your Coach for feedback
- Meet with your peer learning group throughout the process for shared practice, knowledge, reflection and support
- Complete a final panel interview with a member of the Core Faculty

## Module 2p: Practitioner Training (Practitioner Certification)

Designed to support therapists, coaches, spiritual directors, social workers, and other practitioners who work one-to-one with clients to create meaningful and lasting change. During this three-day training, you will learn to engage the Enneagram with individual clients to support their growth.

#### You will:

- Explore strategies that support each of the nine types to grow along with the gifts and challenges of working with each type
- Explore your own type bias and increase your capacity for self-reflection, selfobservation and receptive awareness
- Learn transformational models like the Cycle of Transformation to use in your practice
- Develop effective life-changing strategies and interventions for each type
- Build your skills to incorporate somatic elements into your practice

## Practitioner Practicum (Practitioner Certification)

Integrate the Enneagram into your work with clients and attend group supervision. You will participate in group supervision facilitated by a Narrative Enneagram Supervisor.

#### Elements include:

- Complete case presentations focused on your work with clients
- Explore relevant topics about the Enneagram, share client questions, and receive feedback from the group
- Create a final reflection paper/project reviewed by your Supervisor

## **Time Commitment and Attendance**

The Professional Training Program takes approximately 12 months to complete. To successfully certify, participants may not be absent from any portion of the Professional Certification Program. Full attendance and participation during the Course Modules is required since this is an experiential program that includes group work, coaching, and opportunities to apply the skills you've learned.

If you miss any portion of the Professional Certification Program without prior approval, you will be withdrawn from the program. You will not be eligible for a refund and will be responsible for the tuition if you re-apply for the program.

## **Practicum Time Commitment**

## Typing Practicum

4-5 months following the Typing Process 32 hours minimum

2 hours Complete Initial Review
12-18 hours Conduct Typing Interviews
6 hours Review Typing Interviews with Coach
10 hours Prep and Meet with Peer Groups (Four 2-hour meetings)
1.5 hours Conduct Final Typing Interview for review with Faculty

#### Teacher Practicum

5-6 months following the Teacher Training
28 hours minimum

2 hours Complete Initial Review

6 hours Conduct Panel Interviews

4 hours Review Panels with Coach

2 hours Prep and Lead Presentations and review with coach

**12 hours** Prep and Meet with Peer Groups (Five 2-hour meetings)

1.5 hours Conduct Final Panel Interview for review with Faculty

#### Practitioner Practicum

5-6 months following the Practitioner Training
20 hours minimum

12 hours Prep and Meet with Supervision Group (Five 2-hour sessions)

**4.5 hours** Meet with Peer Practice Group (Three 1.5-hour meetings)

3 hours Create final paper / project and review with Supervisor

## **Upcoming Dates**

Dates listed include the required live online learning modules. You will also meet with your Coach and/or Supervisor along with a peer group throughout the yearlong certification process.

May 2025 - May 2026

May 16-18, 2025: Module 1: Typing Process Dec 5-7, 2025: Module 2p: Teacher Training Dec 12-14, 2025: Module 2t: Practitioner Training

May or June 2026: Graduation

## **Graduation and Professional Membership**

Join us for an online celebration with your cohort to recognize your achievement. Graduation occurs approximately 12 months after program start.

Upon graduation, you will also receive one free year of <u>Professional Membership</u> (a \$150 value) with the Narrative Enneagram to support you in staying connected to the Enneagram community and jump-starting your professional Enneagram work.

## Professional Membership includes yearlong access to:

- Monthly member gatherings to support your growth and stay connected
- Access to a resource page full of videos, meditations, and more
- A listing in the public, searchable directory on the Narrative Enneagram Website
- A unique discount code for the Essential Enneagram test
- Exclusive discounts to select Narrative Enneagram products and programs

# **Program Costs**

Program costs include tuition and practicum fees. Your tuition covers all modules, administration costs, peer group meetings, and final reviews with Core Faculty. We will pair you with a Coach and/or Supervisor to support you during practicum. You will pay your practicum fees to them directly, spread out over the number of sessions.

Costs listed on the next page apply to the May 2025 cohort. Tuition payment plans are available with an initial payment of \$1,095.

Scholarships are available thanks to our generous donors.

# **Costs by Certification**

## **Typing Certification**

Total	\$2,695
Typing Practicum	\$1,000
Tuition	\$1,695

Typing Practicum includes initial review (\$100) + review of 6 typing interviews (\$150 each) with your Coach.

#### Teacher Certification

Tuition	\$2,695
Typing Practicum	\$1,000
Teacher Practicum	\$800
Total	\$4,495

Typing Practicum includes initial review (\$100) + review of 6 typing interviews (\$150 each) with your Coach.

Teacher Practicum includes initial review (\$100) + review of 4 panels (\$150 each) and 1 presentation (\$100).

#### **Practitioner Certification**

Practitioner Practicum  Total	\$800 <b>\$4,495</b>
Typing Practicum	\$1,000
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Tuition	\$2,695

Typing Practicum includes initial review (\$100) + review of 6 typing interviews (\$150 each) with your Coach.

Practitioner Practicum includes 5 group supervision sessions (\$125 each) + review of your final paper/project (\$175).

## Teacher and Practitioner Certification

Tuition	\$3,995
Typing Practicum	\$1,000
Teacher Practicum	\$800
Practitioner Practicum	\$800
Total	\$6,595

Typing Practicum includes initial review (\$100) + review of 6 typing interviews (\$150 each) with your Coach.

Teacher Practicum includes initial review (\$100) + review of 4 panels (\$150 each) and 1 presentation (\$100).

Practitioner Practicum includes 5 group supervision sessions (\$125 each) + review of your final paper/project (\$175).